Professional Disclosure Statement

My goal is to provide my clients with professional and ethical mental health services. The Oregon State Board of Licensed Counselors and Therapists regulates my professional license. As a licensee I will abide by its code of ethics.

Therapeutic Philosophy and Approach

I am committed to working with children, adolescents and their families within a systemic therapeutic framework. My treatment philosophy adheres to the principle that if there is an issue within an individual, such as depression, it can negatively affect systems, such as family, school or the workplace. It is equally true that dysfunction within systems may negatively affect individuals within that system. Treatment addresses individual issues as well as the functioning of the system in order to create accommodations and flexibility. I typically conduct sessions on a weekly basis, and encourage family participation as well as coordination with school counselors or human resource departments, as permitted, in order to promote functioning within systems. I am able to provide in-home services or community based services as requested.

Formal Education and Training

Master of Arts Degree in Clinical Psychology from the California State University, Dominguez Hills. Major coursework included: advanced therapeutic techniques, theories of marriage and family counseling, community psychology and individual assessment. I have been licensed as a Professional Counselor in the state of Oregon since 1998. In order to maintain my license, I am required to participate in annual continuing education, taking classes dealing with subjects relevant to my profession. I may substitute professional supervision for part of this requirement, which I can explain for you.

Fees

My fee for services offered in private practice, including assessment, individual and family therapy is \$150.00 per hour. Coordination with other agencies, or participation in meetings to coordinate care is billed at \$50.00 per hour. Reduced fees for services are also available based upon need.

Client Rights

As a client of an Oregon Licensed Professional Counselor, you have the following rights:

 To expect that a licensee has met minimum qualifications of training and experience as required by law;

Gregory R. Culver, MA, LPC Licensed Professional Counselor

- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics;
- To report complaints to the Board:
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1)Reporting suspected child abuse or neglect; 2) Reporting imminent threat of harm to client or others; 3) Reporting information required in court proceedings or by the client's insurance company; 4) Providing information concerning licensee case consultation or supervision; and 5)Defending claims brought by the client against the licensee.
- To be free from being the object of discrimination on the basis of race, religion, gender or other unlawful category while receiving services.

Additional information about this counselor or therapist is available on the Board's website: www.oregon.gov/OBLPCT

You may also contact the Board of Licensed Professional Counselors and Therapists at:

3218 Pringle Road SE, Suite 120. Salem, OR 97302-6312

Phone: 503-378-5499 Email: <u>lpct.board@mhra.oregon.gov</u>